

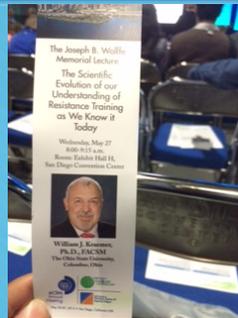
The background features a blue gradient with a faint grid pattern. In the top right corner, there is a large yellow sun partially obscured by a white cloud. Several light blue, rounded rectangular shapes are scattered across the top left. The main title is centered on a dark blue, rounded rectangular banner that is tilted upwards from left to right. Below the title, the dates are displayed on a lighter blue banner, also tilted upwards from left to right.

# ACSM Annual Meeting in San Diego

May 31 – June 4 2015

# The Science Evolution of our Understanding of Resistance Training as We Know it Today

**William J. Kramer, Ph.D., FACSM**  
**The Ohio State University**

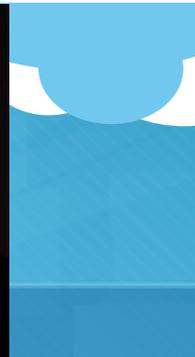
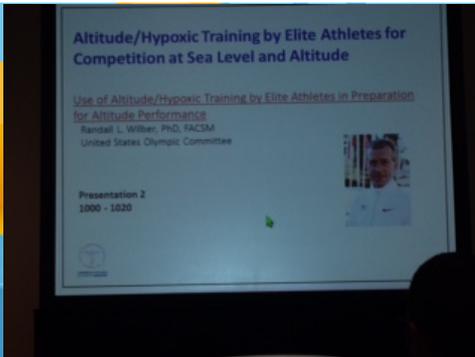
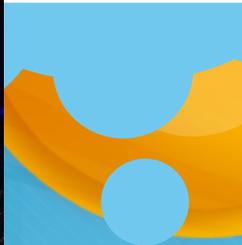


## Landmarks in the Development of Sports Nutrition

**Ronald J. Maughan, Ph.D., FACSM**  
**Loughborough University**



<http://acsmannualmeeting.org/educational-highlights/final-program-and-abstracts/>



**Dr. Maughan**

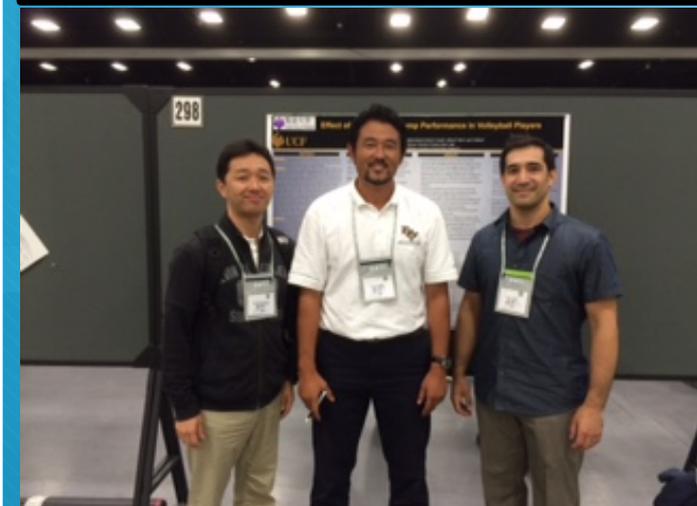
**Altitude Training**

**Sponsor Exhibition**

世界最大級のアメリカスポーツ医学学会 第62回 **ACSM in San Diego**

世界の研究のリーダー達とそのリサーチグループが集う学会

現場と研究者のつながりの歴史を知ることができ、有酸素系の世界の研究者の最新の研究について意見が交換されていました。日本からも多くの参加者に会い、普段日本でも会わない研究者の方々と情報・意見交換をしました



**Dr. Suzuki JISS**  
**Dr. Tanigawa University of Tsukuba**  
**Dr. David University of Central Florida**



**Down Town**  
**GasLamp Quater**

