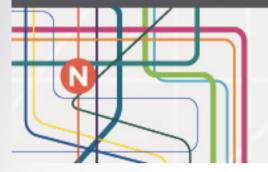
# 38<sup>TH</sup> ANNUAL NATIONAL CONFERENCE & EXHIBITION

# July8 – 11,2015 | Orlando,FL | Swan & Dolphin Hotel

修士課程1年 皿井 宏幸



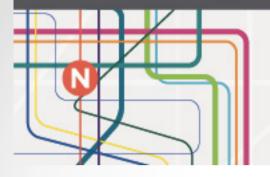
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研究と現場で活躍する人たちの 情報交換をする場

カンファレンス内は15会場で 『Coaching』や『Lecture』など 様々な形式で同時に進行されている





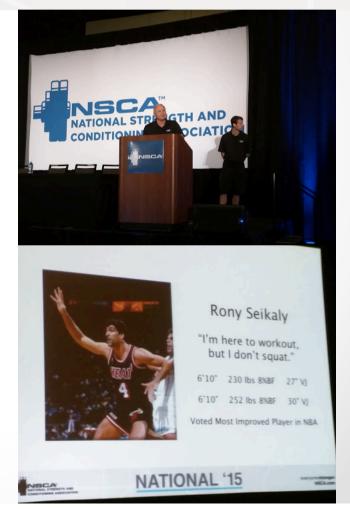
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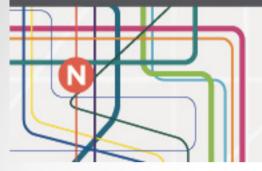
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Coaching

The Miami Heat Strength Program (Bill Foran, MS, CSCS, RSCC\*E) (Eric Foran, MS, CSCS, USAW)

ストレングスコーチが現場での 活動内容やプログラム内容 などを紹介





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Discussion

Practice-Based Evidence and Evidence-Base Practice

(Vern Gambetta, MEd)

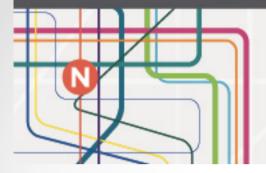
(Jimmy Radcliffe, MS)

(Youth Special Interest Group SIG)

ユースコーチについての 定義やユースの指導方法 についての話し合い



BRIDGING the gap



## **NATIONAL '15**

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Practical

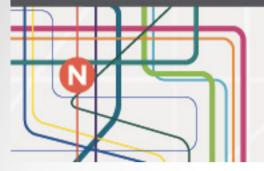
Maximizing Game Performance

- A Task-Based Approach to

Speed and Agility Development-

Practical Application
(Ian Jeffreys, PhD, CSCS, \*D,
NSCA-CPT, \*D, RSCC\*D, FNSCA)





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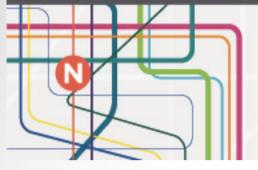
Practical

Progressive Speed and Power Training Concepts

(Jimmy Radcliffe, MS)

研究と現場の成果を 実技によって紹介





エキシビジョンホールの様子など

## **NATIONAL '15**

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